

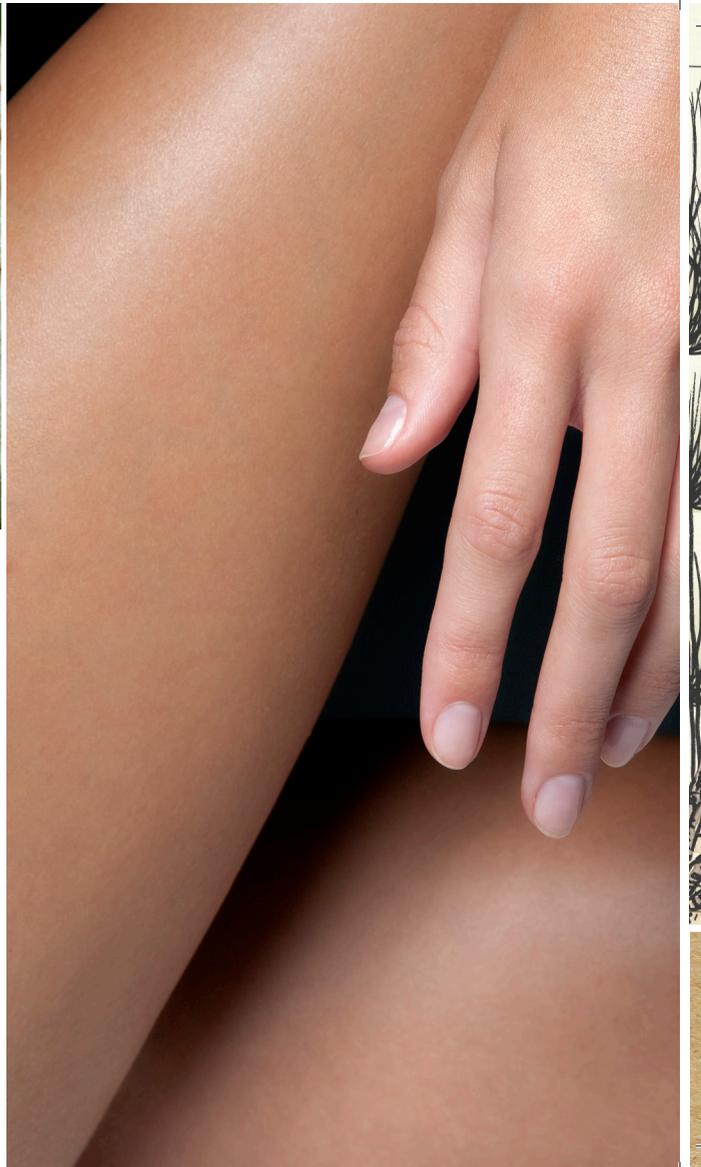
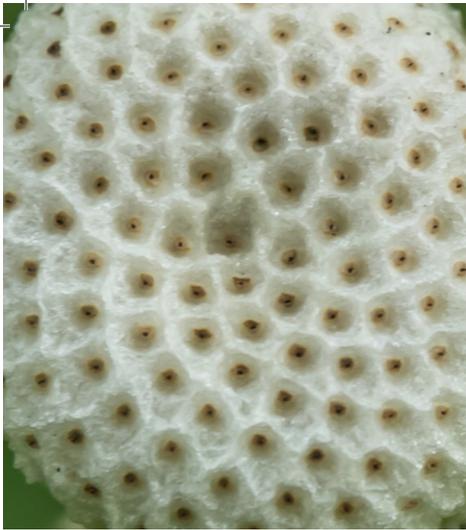
The background of the page is a light beige or tan color with a marbled, stone-like texture. The marbling consists of irregular, darker brown and tan veins and spots. A white rectangular box is centered on the page, containing text. Below the white box, there is a solid dark red horizontal band that spans the width of the page.

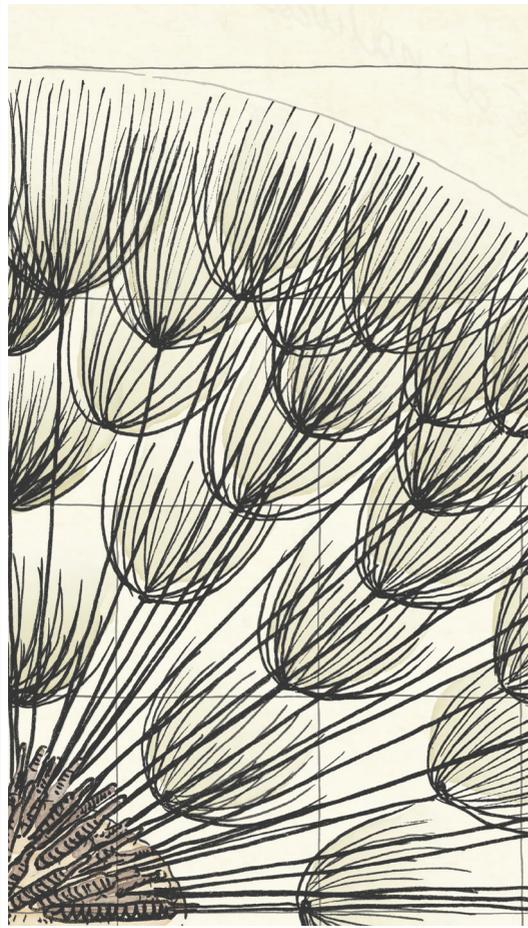
**[ comfort zone ]**

**BODY STRATEGIST**

advanced nature  
& tech solutions

**CELLULITE E TONE**





## HEALTHY IS BEAUTIFUL

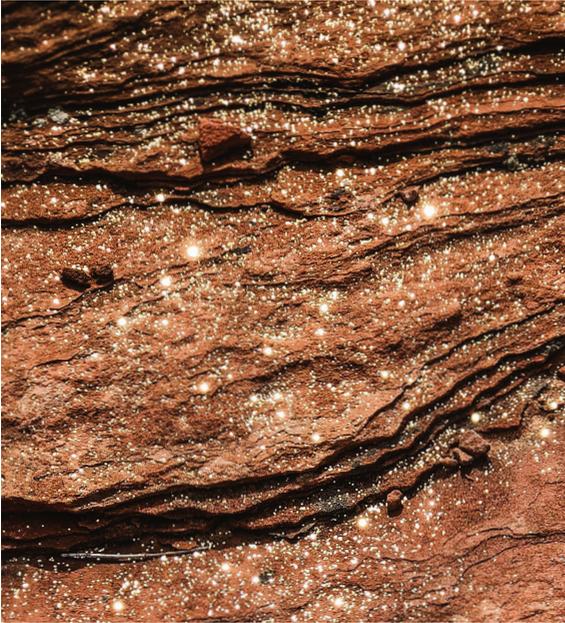
A healthy and fit body is essential to feeling good and enjoying yourself more!

There is no single solution, but proper nutrition and regular exercise, combined with advanced products and technologies, are the essential steps to staying in good shape and to achieving a toned and healthy body. Cellulite and loss of tone are imperfections that depend on a combination of factors such as age, lifestyle and predisposition according to your morphotype: it is therefore essential to carry out a thorough and professional analysis in order to choose a personalized and specific program to achieve visible and lasting results.



# MAIN IMPERFECTIONS

## CELLULITE E ATONY



All body imperfections are not merely aesthetic problems: they have deeper roots linked to the body's overall equilibrium.

### CELLULITE EQUALS WOMEN!

4 in 5 women have cellulite: it is a form of inflammation of the subcutaneous adipose tissue, which initially results from a change in microcirculation. Its causes can be genetic, hormonal and, of course, lifestyle-related.

### EDEMATOUS CELLULITE = SWELLING

The initial stage, characterized by water retention and a general state of swelling. Microcirculation is altered, the tissues are poorly oxygenated and the deposit of liquids between tissue spaces increases. Collagen fibres tend to accumulate around the adipocytes, resulting in characteristic "orange peel" skin. When the skin is touched, compressing it, you can feel pain.

### **ADIPOSE CELLULITE = FAT ACCUMULATION**

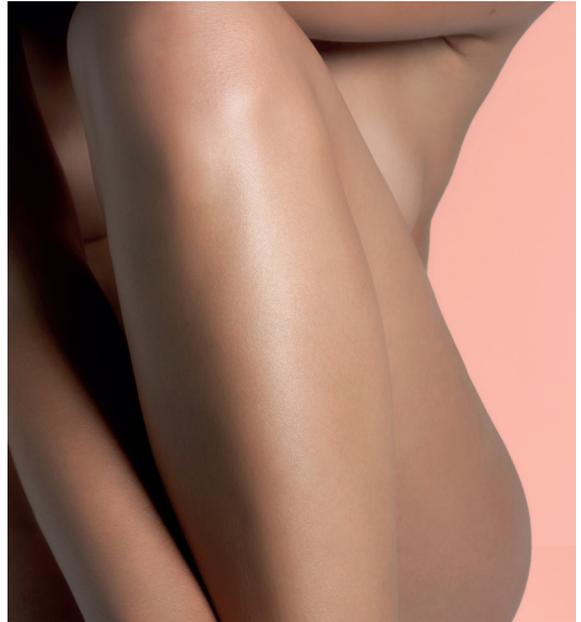
The advanced stage, characterized by abnormal activity of fibroblasts and adipocytes, as well as significantly altered microcirculation.

Groups of adipocytes trigger the formation of micronodules, which are hard and palpable. The skin has a classic “mattress” appearance.

### **ATONY = LOSS OF TONE**

It often accompanies the two previous stages, however it can also occur without cellulite. Fluctuations in weight, age, pregnancy, an irregular lifestyle and overexposure to the sun are the main causes of weakened skin structure.

This results in a lack of tone and firmness, loss of elasticity and the appearance of stretch marks.



[comfort zone]  
**BODY STRATEGIST**  
**BAGNI DI MONTALCINO**  
CASTELLO DI VELONA

mud with thermal water  
from Montalcino  
boue avec l'eau thermal  
de Montalcino  
fangos con acqua termale  
di Montalcino

CELLULITE\*\*

4x30g e 4x1.06 oz. Net wt.

[comfort zone]  
**BODY STRATEGIST**  
**D-AGE CREAM**

firming nourishing cream  
crème raffermissante nourrissante  
crema rassodante nutriente

[comfort zone]  
**BODY STRATEGIST**  
**CONTOUR CREAM**

toning hydrating cream  
crème tonifiante hydratante  
crema tonificante idratante



[comfort zone]  
**BODY STRATEGIST**  
ATTACK SERUM

remodeling serum  
sérum remodelant  
siero rimodellante



# **BODY STRATEGIST**

## **DETOXIFIES, RESHAPES AND TONES**

The union of science, nature and technology to combat cellulite and loss of tone in an increasingly effective and sustainable way.



# A SYNERGISTIC APPROACH TO ENHANCE RESULTS



Body Strategist is the Body Method developed by the [ comfort zone ] laboratories with the support of its Scientific Committee, which offers concentrated formulations of natural origin enhanced by specific manual skills, latest-generation equipment and lifestyle supplements and advice.

## CLINICALLY TESTED EFFECTIVE RESHAPING

- » - 280 ml extracellular water\*
- » -1 cm average thigh circumference reduction\*\*
- » + 16% skin firmness\*\*\*

\*Clinical tests by independent laboratories using Bagni di Montalcino Castello di Velona with a panel of 20 people for 14 days

\*\*Clinical tests by independent laboratories using Thermo Cream or Cream Gel with a panel of 20 people for 30 days

\*\*\*Clinical tests by independent laboratories using Oil with a panel of 20 people for 28 days

# OUR PROMISE

## CONSCIOUS SKIN SCIENCE™

A science-based approach, mindful of the needs of the skin and planet. This leads the [ comfort zone ] laboratories to create solutions that are increasingly sustainable and, at the same time, ever more effective.

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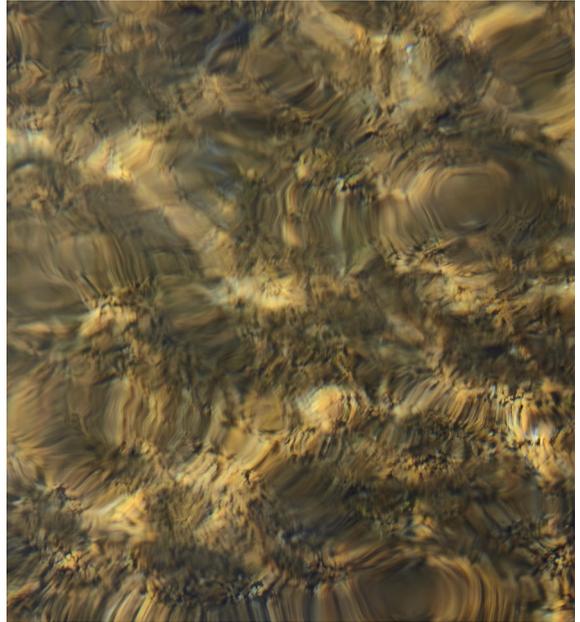
FULLY ACTIVE FORMULAS WITH CONCENTRATED NATURAL INGREDIENTS AND FUNCTIONAL ACTIVE INGREDIENTS AND WITHOUT RAW MATERIALS THAT HAVE A NEGATIVE IMPACT ON THE ENVIRONMENT, SUCH AS SILICONES, MINERAL OIL, ANIMAL DERIVATIVES, ARTIFICIAL COLORS AND SULFATES. TESTED BY DERMATOLOGISTS. IDEAL FOR VEGANS.

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**Certified** The same attention is paid to packaging, which is designed to be easily recycled: sugarcane-based plastic tubes and labels, recycled plastic bottles, glass jars and recycled paper boxes. All our packaging is carbon-neutral thanks to the EthioTrees reforestation and social regeneration project.



The 'Made in Italy' production takes place at Davines Village, in Parma, at the headquarters of the group, which is a certified B Corp™ that only uses energy from renewable sources.



# THE BEAUTY ROUTINE

## CELLULITE

EXFOLIATION  
once a week



### PEEL SCRUB

**double action scrub**

92,2% ingredients of natural origin

The essential step for preparing the skin to make it softer and smoother. With alpha and polyhydroxy acids, bitter orange peel and silica beads.

200 ml e 6.76 fl.oz.



every day  
critical areas



### ATTACK SERUM

**remodeling serum**

93,6% ingredients of natural origin

For every type of cellulite. It gradually reshapes the most critical areas thanks to Caffeine, Carnitine and Pink Pepper extract. It works in synergy and enhances the action of anti-cellulite creams.

180 ml e 5.07 fl.oz.



every day morning  
and evening



### CREAM GEL

**remodeling cream gel**

91,9% ingredients of natural origin

For edematous cellulite. Combats water retention thanks to ivy extract, aescin, pure caffeine and a liposomal structure for improved penetration of the active ingredients.

200 ml e 6.76 fl.oz.



every day morning  
and evening



## THERMO CREAM

thermogenic cream

86,4% ingredients of natural origin

For adipose cellulite.  
Generates localized heat  
and helps to burn fat  
thanks to the single-cell  
microalgae and pure caffeine.

200 ml e 6.76 fl.oz.



twice a week



## BAGNI DI MONTALCINO

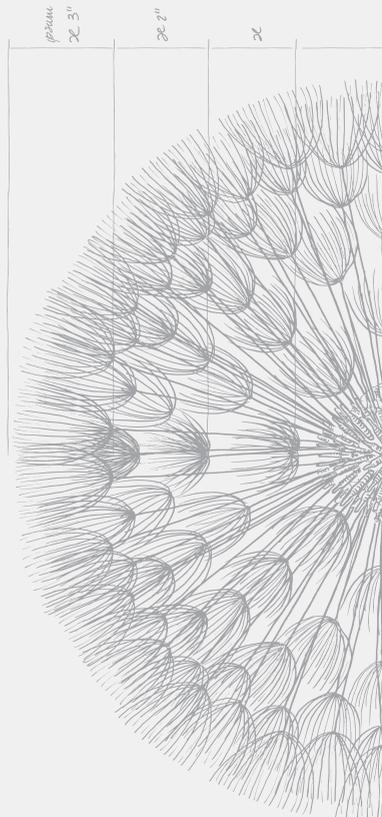
CASTELLO DI VELONA

with thermal water from Montalcino

98% ingredients of natural origin

For all types of cellulite.  
Intensive draining and reshaping  
treatment thanks to the triple  
action of algae, essential oils and  
remineralizing thermal water.

4 pcs 4 applications



# THE BEAUTY ROUTINE

## STONE

every day morning and evening  
whole body



### CONTOUR CREAM

**toning hydrating cream**

94,4% ingredients of natural origin

For dehydrated skin and a poorly defined figure.

Light texture for an immediate feeling of firmness and a more toned appearance thanks to the HIGH-DEFINITION COMPLEX.

200 ml e 6.76 fl.oz.



every day morning and evening  
whole body



### D-AGE CREAM

**firming nourishing cream**

91,6% ingredients of natural origin

For very dry skin with loss of elasticity, firmness and signs of aging. With hydrolyzed green walnut extract and boswellic acid for deep nourishing and maintaining the skin's elasticity.

180 ml e 6.35 fl.oz.



every day  
localized areas



### OIL

**pro-elasticity body oil**

88,7% ingredients of natural origin

For stretch marks and loss of localized elasticity. With organic tamanu oil, sweet almond oil, centella asiatica and vitamin E.

100 ml e 3.38 fl.oz.



every day  
legs



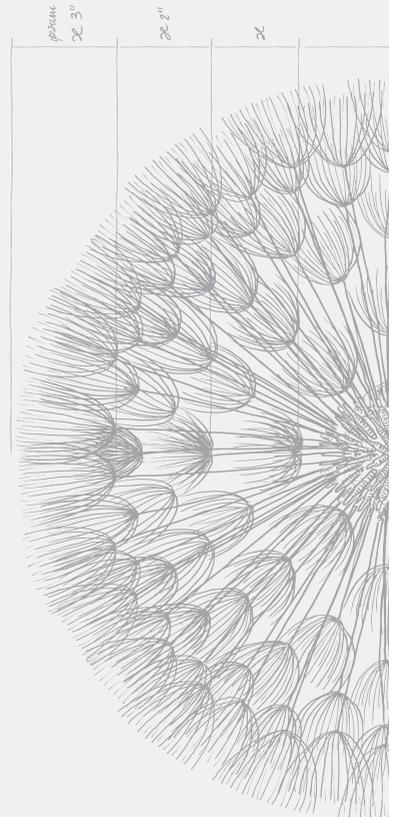
## CRYO LEG GEL

refreshing leg gel

95,67% ingredients of natural origin

Product specially formulated to relieve the feeling of heaviness in tired and weary legs, with hesperidin and aescin. Provides an immediate and long-lasting refreshing effect.

200 ml e 6.76 fl.oz.



# BODY TREATMENTS

## THE 3-STEP METHOD



[ comfort zone ] believes in an integrated approach to beauty and well-being to achieve visible, longlasting results in the shortest possible time.

Ask for a consultation with your beautician who will find the most suitable treatment for your needs thanks to their experience the Body Wellness Method. Your beautician will also be able to advise you on the combination of treatments and advanced technologies.

[ comfort zone ] Body Wellness Method consists of 3 steps:

### **1. CLEANSE AND CALM**

Exfoliate and prepare the skin for subsequent treatments and relieve tension.

### **2. DETOX**

Remove excess fluids and toxins and boost energy.

### **3. SCULPT & SLIM**

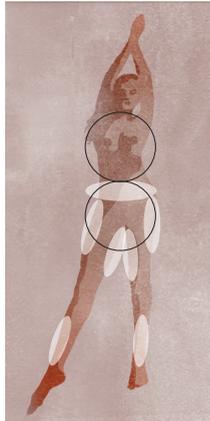
Reduce fat deposits and increase elasticity and tone.



# WHAT MORPHOTYPE ARE YOU?

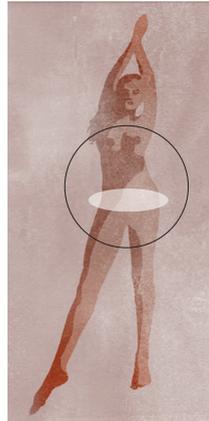
## A SOLUTION FOR EACH ONE

Knowing your morphotype is essential for choosing the most appropriate and effective strategy.



### GYNOID MORPHOTYPE

Adipose tissue is mainly distributed on the lower half, while the bone structure of the pelvis is accentuated compared to the shoulders. This morphotype is therefore more prone to cellulite and loss of tone in the hips, thighs, knees and ankles.



### ANDROID MORPHOTYPE

Adipose tissue mainly in the upper half of the body. This morphotype is prone to aesthetic problems such as cellulite and loss of tone in the abdomen and waist area.

### RECOMMENDED PRODUCTS

ATTACK SERUM in combination with CREAM GEL or THERMO CREAM on the abdomen, buttocks, legs and hips.

CRYO LEG GEL on the legs and ankles.

BAGNI DI MONTALCINO CASTELLO DI VELONA as a shock treatment on critical areas such as the buttocks and legs.

CONTOUR CREAM or D-AGE and OIL on the legs, abdomen, buttocks and hips.

### RECOMMENDED PRODUCTS

ATTACK SERUM in combination with CREAM GEL or THERMO CREAM on the abdomen and hips.

BAGNI DI MONTALCINO CASTELLO DI VELONA as a shock treatment on critical areas such as the abdomen and hips.

CONTOUR CREAM or D-AGE and OIL on the arms, abdomen and buttocks.

Certified



Corporation

**[ comfort zone ]**  
conscious skin science

Find out more about our products, treatments and lifestyle tips on  
[www.comfortzoneskin.com](http://www.comfortzoneskin.com)