

[comfort zone]

conscious skin science

ANCIENT AND MODERN

Enjoy the perfect combination of innovative, state-of-the-art Science-based Conscious Formulas[™], rich in natural-origin ingredients and free from silicones, parabens and animal derivatives, with our unique signature application techniques and massages.

Each treatment begins with the Tranquillity[™] Welcome Ritual, which favors mind-body relaxation and enhances the efficacy of the specific selected treatment.



FACE

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BESPOKE BEAUTY

Treat your skin to the care it deserves! A bespoke powerpacked facial designed especially for your skin's needs whether it be age protection, hydration, purification or soothing.

75 _____ min.

AGE CORRECTION

SUBLIME SKIN

Give your skin the boost of radiance and plumpness that it needs with an innovative double peel followed by a lifting mask for immediate rejuvenation. The Active-lift™ Massage, inspired by Kobido techniques, softens wrinkles and invigorates skin tone.

DELUXE PEEL AND LIFT

REPAIR

RECOVER TOUCH

DOUBLE PEEL

Nurture your skin and recover from the damage caused by sun, pollution, and aging. The antioxidant, replenishing combination of organic Goji Berry and Macadamia Oil leaves the skin soft and replenished.

55 _ MIN.

DOUBLE HYDRATION

HYDRAMEMORY

The ultimate treatment for deep hydration and radiance, ideal for skin stressed by central heating and airconditioning. The HydraBrush Massage transports the precious Moringa Oil and the Hyaluronic Acid biomimetic fragments deep into the skin.

55

ORGANIC

SACRED NATURE REGENERATIVE ELIXIR FACIAL

This regenerating pro-youth facial formulated according to COSMOS guidelines, nourishes, reoxygenates, and protects the skin. The customized choice of two different masks, enhanced with the extraordinary Regenerlift Massage and a variety of special touch points throughout the treatment makes this a deeply relaxing facial, that leaves the skin radiant, firm and lifted

55 MIN

PURIFICATION

ACTIVE PURENESS

If your skin is oily, scarred or acne-prone, this is the perfect choice! Characterized by a mattifying peel-off Spirulina Algae mask, this deep purifying facial with Mandelic Acid, Green and White Clays rebalances and reduces pores and blackheads.

55

SENSITIVITY

REMEDY

An innovative, fortifying approach to sensitive, delicate skin. With a Prebiotic from sugar beets, promoting cutaneous resilience, and Marula Oil, this facial calms skin discomfort, relieves neuroinflammation and reinforces the skin's defense.

55

EYES ADD-ON

SUBLIME SKIN

Triple action against dark circles, puffiness and wrinkles, providing immediate lifting and luminosity.

15 MIN. ADD ON 25 MIN. EXPRESS

PEEL ADD-ON

DOUBLE PEEL

Give your skin the boost of radiance and plumpness that it needs with an innovative double peel added to any of your comfort zone facial treatments.

15 MIN. ADD ON 25 MIN. EXPRESS



/skin regimen/

The perfect antidotes to modern fatigue and urban lifestyle, these facials counteract the effects of stress and pollution and are ideal for a time pressed, unisex clientele with dull, aging and intoxicated skin.

Customizable to correct the most common stress-related signs, these facials rejuvenate and detox the skin and leave you feeling recharged, purified and ready to face your busy days.

REJUVENATING > LONGEVITY FACIAL

Anti-aging/ firming/ brightening. Ideal to rejuvenate stressed skin and to contrast accelerated aging. The efficacy of a professional peel with 45% AHAs, the targeted customizable boosters and the powerful reoxygenating massage deliver a glowing and brighter complexion.

25/55

DETOXIFYING

URBAN DETOX FACIAL

Skin brightening/ deep cleansing/ skin repair Clinically proven to detoxify the skin from pollution and formulated to specifically contrast impurities and imperfections. The efficacy of the peel-off Detox Mask enriched with Chlorella and plant-based Charcoal, together with targeted customizable boosters will reveal a glowing, clearer and brighter complexion.

25/55



EXPRESS FACIALS

FAST BEAUTY TOUCH

In a rush but in need of a special beauty touch? Ask for our support in selecting an express facial that can fit your tight schedule or that can be combined with a body treatment

25

SKIN ANALYSER

Understand your skin with our state-of-the-art analyser, where we will be able to detail your skins wrinkle depth, hydration levels and degrees of sun damage – and provide professional guidance on treatments and home care advise.

25

ORGANIC FACIAL

In a rush but in need of a special beauty touch? Ask for our support in selecting an express facial that can fit your tight schedule or that can be combined with a body treatment

25

BEAUTY RELOADED

TO ENSURE THE JOY OF BEAUTY IN DIFFICULT MOMENTS

BEAUTY RELOADED FACIAL

A soothing, replenishing, calming facial to recover skin and emotional comfort and reinforce the epidermal barrier after periods of intense stress. Fragrance-free delicate formulas enriched with natural-origin Prebiotics, Marula oil, Marvel of Peru and Mexican Hyssop extracts

55 MINI

BEAUTY RELOADED PRO-SLEEP BODY MASSAGE

Deeply alleviating body and mind, this very special massage combines the benefits of a gentle touch and unique soft brushes to induce a deep relaxation and favor sleep. The Fragrance-free nourishing restoring formulas are enriched with Illipé butter, Jojoba and Babassu oil

55

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BEAUTY RELOADED





RITUALS

>	AROMASOUL ELEMENTS MASSAGE	
	The massage begins with a personalized selection from our unique collection of aromatherapy oils based on the ancient cultures of the Orient, Arabia, India or the Mediterranean. The unique massage is enhanced with a deep exfoliation, and a firming, hydrating body envelopment.	55 min.
>	TRANQUILLITY™ PRO-SLEEP MASSAGE	
	Inspired by the Indonesian Sea Malay Massage, this exceptional massage ritual acts in synergy with our Tranquillity™ Sound and Essential Oil Blend to effectively induce a state of deep rest & wellbeing. Ideal as jet lag recovery.	55 min.
>	BODY ACTIVE SPORTS MASSAGE	
	Intensive remodelling and firming massage with an innovative body mask. Its efficacy is boosted by an exclusive massage that combines the use of a Wood Massage Roller with Tui-Na techniques.	55 min.
>	NEW LIFE NEW MUM	
	A gentle elasticizing, nurturing massage, perfect for during pregnancy as well as post-pregnancy. It reduces swelling, improves circulation and contributes to skin silkiness and tone.	60
>	HIMALAYAN SALT MASSAGE	
	An extraordinary ritual, beginning with body massage using warmed Himalayan salt blocks, which bestow relaxation, alleviating tension, stress and anxiety. An exhilarating salt scrub follows; a combination of the precious pink Himalayan salt crystals and aromatic oils to detoxify the body, ease aches and pains, stimulate the metabolism and restore vitality and balance	



BODY TREATMENTS

RENEW	AROMASOUL BODY SCRUB	
	A unique renewing body ritual which can be enjoyed on its own, or combined with the Aromasoul Massage, which reflect the ancient traditions of the Oriental, Mediterranean, Indian and Arabian cultures. The skin is left feeling soft and nourished.	40 MIN.
	BODY GLOW EXPRESS	
	A renewing treatment using the Body Strategist – cellulite and tone range to soften the skin, removing dead skin cells, improving microcirculation, leaving the skin toned, soft and silky.	25 min.
TONE	DEEP BODY THERMAL RENEWAL	
	A luxurious treatment to deeply exfoliate, replenish, remineralise & revitalise the body, thanks to the thermal waters enveloped in a creamy, massageable mud. The treatment is completed with the precious Kamani Oil & walnut extract for anti-oxidant protection & profound elasticity, tone & nourishment.	55 MIN.
SLIM	MONTALCINO THERMAL MUD WRAP	
	An intensive body treatment, using thermal water from Montalcino in Tuscany, with detoxifying and anti-cellulite actions. A blend of essential oils encourages a profound purification of the tissues, while the fucus and laminaria algae promote lipolytic action.	55 MIN.
	3 IN 1 HOT AND COLD BODY TREATMENT	
	A three-phase intensive remodeling body treatment: the first phase comprises a thermogenic action to stimulate microcirculation; this is followed by a vigorous lipolytic massage phase and then the final phase which is revitalizing and tonifying. Visible remodeling effects after just one treatment.	70 min.

SLIM

THERMOGENIC ATTACK RESHAPE AND SLIM

An intensive treatment with thermogenic action, for profound and resistant cellulite imperfections. Helps reduce the typical signs of cellulite, improves the microcirculation, and, thanks to the stimulation of lipolysis, promotes remodelling of the body.

55

EXPRESS

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Legs Bum & Tum: An Intensive exfoliation & massage treatment using the thermal waters from Montalicino for its detoxifying and anti cellulite actions. A blend of essential Oils delivers effective purification of the tissues. The treatment delivers renewed energy and vitality, improved appearance of Cellulite.

25

HANDS AND FEET

REJUVENATING HAND RITUAL

A rejuvenating, protective treatment rich in Vitamin E and Karitè Butter, restoring nourishment and beauty to the hands.

25 MINI

RENEWING FOOT RITUAL

Revitalizing foot ritual with neem extract to reveal polished and smoother feet.

25

MEN

EMPOWER	HIGH PERFORMANCE FACIAL	
	Wanting to look your best? A personalized facial to suit the specific needs of men's skin, whether it be age protection and hydration, purification or soothing.	55 min.
REVITALIZE	PERFECT BACK TREATMENT	
	A purifying treatment to prepare the back for beach weather and remove any areas of congestion, leaving the skin clean, renewed and refreshed.	40 MIN.
DE-STRESS	BACK AND SHOULDER RESCUE	
	Targeting the prime areas of stress and providing profound tension relief with a warm marine massage	40 min.
TENSION	BODY ACTIVE SPORTS MASSAGE	
	Intensive remodelling and firming massage with an innovative body mask. Its efficacy is boosted by an exclusive massage that combines the use of a Wood Massage Roller with Tui-Na techniques.	55 min.

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